

## NDIS READY

On 1<sup>st</sup> November 2017, NDIS will be rolled out in the Inner East. If you currently receive services from Avenue Neighbourhood House and you are eligible for NDIS, you will still be able to access our services.

Avenue Neighbourhood House is currently in the process of becoming an NDIS approved provider –which will mean that you can continue to access our services in the future.

In order to access our services in the future, your NDIS plan will need to identify our programs and services and the outcome they provide. The two key outcomes that our services best fit are

1. The provision of day to day living and activities support that increase your social and/or economic participation.
2. Building the skills you need to explore opportunities to work or further your education, volunteer or learn something new.

All our programs are Group Based Community, Social and Recreational programs



### Let's Cook

This program has been designed to give participants the skills to prepare and cook meals independently, which is an important daily task that provides life skills and assistance in a shared living environment.

Let's Cook provides cooking classes to enhance independent living for participants with a disability and/or ABI. The program utilises pictures and simple instructions to enable participants to confidently cook at home. Participants work alongside a chef to prepare a meal each week which they can eat for lunch.

#### Term 3

Mon 17 Jul - 18 Sept (10 weeks)  
11am - 2pm

#### Term 4 (no class Cup long weekend)

Mon 9 Oct - 4 Dec (8 weeks)  
11am - 2pm

## Art

A class specifically developed to provide a creative outlet for people with a disability. The focus of the class is independence through social interaction and self-expression. Participants work alongside an artist exploring a range of art mediums such as painting, papier mache, bead making, printing, fabric painting, sculpture and lots more.

The aim of each program is that it be 'participant-driven', meaning that each member of the group has a say in the artistic direction of the program.

### Term 3

Mon 17 Jul - 18 Sept (10 weeks)  
9.30am to 12.30pm

Wednesday 19 July – 20 Sept (10 weeks)  
1.00pm to 3.00pm

### Term 4 (no class Cup long weekend)

Monday 9 Oct – 4 Dec (8 weeks)  
9.30am to 12.30pm

Wednesday 11 Oct – 6 Dec (9 weeks)  
1.00pm to 3.00pm

## Eley Park Café

The café operates every Friday during school terms with morning teas being served from 10.30am followed by lunch, with the café closing around 1.30pm. Fare includes items such as toasted sandwiches, light hot meals, cakes, biscuits and of course coffee and tea.

The Café provides the opportunity for people with a disability to gain basic hospitality skills including food preparation and front of house service. In addition the Café provides a pathway for the participants to further study, volunteer or paid work.

Participants learn about food planning, preparation, cooking, hygiene and customer service. A qualified trainer in hospitality will provide all necessary basic theory & practical training for students to assist in running a community café.

### Term 3

Friday 21 Jul - 22 Sept (10 weeks)  
9.30am to 2.00pm

### Term 4

Friday 13 Oct – 8 Dec (9 weeks)  
9.30am to 2.00pm

## Technology - iPad skills

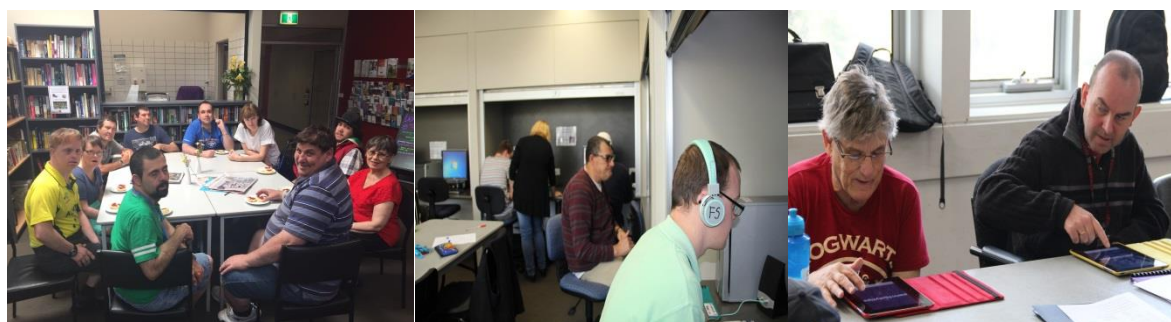
The IPAD allows for multiple learning opportunities for people with a disability, enhancing their ability to communicate, learn and access information. The ease of use and the number of apps makes IPADS a wonderful addition for those suffering from mobility, hearing, intellectual or speech disabilities. Classes run for 1 hour and are limited in size to ensure that every student is supported and assisted. Participants are taught how to use an IPAD, take photos, download apps and more.

### Term 3

Wed 19 Jul – 20 Sept (10 weeks)

### Term 4

Wed 11 Oct – 6 Dec (9 weeks)



# EDUCATION

The NDIS scheme will also fund programs that will enable participants to engage in further education to enhance literacy / numeracy skills, pathway onto employment opportunities and individual skill development, including life skills.

Avenue Neighbourhood House @ Eley is a Registered Training Organisation (RTO) -TOID 20213, that provides nationally recognised accredited training. All of the following training is delivered with Victorian and Commonwealth Government funding for participants who meet the eligibility criteria.

The education programs that are currently provided by Avenue Neighbourhood House are;



## **22301VIC Certificate I in Transition Education**

Life Skills Program      *Monday, Wednesday and Thursday*



## **22293VIC Certificate I in Initial Adult Literacy and Numeracy**

Life Skills program      *Mondays & Wednesdays*

ACE      *Tuesdays*

*Night Class*      *Thursday Evenings*

### ***Life Skills Program***

At the end of the program students will have completed either:  
22301VIC Certificate I in Transition Education; and/or 22293VIC Certificate I in Initial Adult Literacy & Numeracy

These friendly classes are designed for people with mild intellectual disabilities. Classes will develop and maintain skills in reading, writing, communication, computers and numeracy to enhance participation in the community. This program also provides employment preparation and skills to potentially access volunteering opportunities.

These classes are offered on Mondays, Wednesdays & Thursdays, class sizes are small to enable appropriate support and assistance.

### ***ACE Program***

At the end of the program students will have completed  
22293VIC Certificate in Initial Adult Literacy & Numeracy

This program has been designed for young adults 17 - 35 years who have an intellectual disability. This is an engaging and relevant program enhancing learning through creativity and social interaction. Emphasis is on individual skill development and training, building self-esteem and gaining confidence, through a supportive and encouraging learning environment. Classes are held on Tuesday

### ***Evening Class***

At the end of the program students will have completed  
22293VIC Certificate in Initial Adult Literacy & Numeracy

Students with a disability work to improve their reading, writing and numeracy in conjunction with computer training. These classes are ideal for those who work and can't attend classes during the day and wish to further their education journey. Classes are held on Thursday Evenings.

***IF YOU WOULD LIKE ANY ADDITIONAL INFORMATION, PLEASE CALL US ON  
9808-2000 OR EMAIL [INFO@THEAVENUE.ORG.AU](mailto:INFO@THEAVENUE.ORG.AU)***