

2024 AVENUE NEIGHBOURHOOD HOUSE



Who We Are

Avenue Neighbourhood House at Eley (ANH@E), incorporated in 1984, is part of the Australia wide network of Neighbourhood Houses. We aim to strengthen local community interactions by providing social, creative, informative and educational programs at an affordable price.

ANH@E welcomes people of all ages, backgrounds, and abilities to participate in social, educational, recreational, and support activities. Through the provision of a diverse range of programs, individuals can forge friendships, enrich personal development, and overcome social isolation.

ANH@E endeavours to respond to the needs and aspirations of the Whitehorse community, and by aiming to break down social barriers, connecting people to their local community, and giving all participants a greater sense of belonging.

Our Team

Manager - TBC

Admin Coordinator - Diane

Further Education Coordinator - Sarah

RTO Compliance Coordinator - Leesa

Learn Local Team Leader - Ashlea

Early Learning Director - Sharon

Program & Marketing Team Leader - Helen

Commitment to Child Safety

Avenue Neighbourhood House @ Eley is committed to the safety and wellbeing of all children and young people. Avenue Neighbourhood House @ Eley has a commitment to zero tolerance of child abuse. We support and respect all children and young people and are committed to providing a child safe environment. We are committed to the cultural safety of Aboriginal and Torres Strait Islander children, the cultural safety of children from culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability.

Acknowledgement of Country

Avenue Neighbourhood House at Eley acknowledges the Wurundjeri people of the Kulin Nation, who are the Traditional Custodians of the land where we meet, study and work. We pay our respects to their culture and their Elders past, present and emerging.

How to Enrol

Enrolling is Easy

If you need assistance, just let us know!

Our office hours are 9.00am - 4.00pm Monday to Friday

Fees

Things to remember when enrolling,

As a not-for-profit community organisation, we strive to make our classes as low-cost and affordable as possible for everyone. Unfortunately, we are unable to offer casual fees / make up classes for our full term courses.

For continuing classes, preference will be given to existing participants who re-enrol by end of term.

Eligibility & Concession apply for some activities.

For enrolment into Social & Recreational classes please complete an enrolment form (available at Reception) or enrol online via our website www.theavenue.org.au

If you are experiencing financial difficulty and would like to discuss payment options, please talk to us.

You can pay for your term fees by EFTPOS, Credit card (a minimum transaction of \$10 is applicable), online banking or cash.

We are continuously working hard to always ensure that our courses/programs are of the highest quality. Unfortunately in order to achieve this there have been very minor price increases for some of our courses to guarantee the retention of our exceptional tutors. Please note, some fees may be subject to change.

If these changes potentially prevent you from participating, we urge you to reach out to us.

Other Course Info

Nationally Recognised Training

See pages 27 - 30 for course information. For enrolment into Registered Training Organisation (RTO) classes, please call 9808 2000 to make an appointment with our Further Education Coordinator or visit www.theavenue.org.au

Learn Local (Pre-Accredited)

See pages 20 - 26 for courses and information. For enrolment, please call 9808 2000 and an enrolment form will be provided. Learn Local funded places can only be offered to participants who are Australian citizens or hold permanent residency. Proof of citizenship and eligibility is required upon enrolment.

Cancellation Information

The House reserves the right to alter or cancel classes as necessary. Participants will be notified of any changes prior to the start of classes and given a full refund if the class is cancelled. At least 48 hours notice would be appreciated if you must cancel your enrolment before commencing. Please note cancellation will incur an administration fee.

Classroom Support

Do you require support to enable you to participate fully in activities? If so, please let us know so we can offer assistance.

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Art & Craft

Crochet, Knitting & Fancywork

Friendly social group - open to beginners and experienced knitters. Come and learn the first steps in knitting / crocheting or finesse your skills.

Tuesdays 9.45am-11.45am

Fee: \$5 per session

Term 1 - 30 Jan to 26 March (9wks)

Term 2 - 16 April to 25 June (11wks)

Term 3 - 16 July to 17 Sept (10wks)

Term 4 - 8 Oct to 17 Dec (10wks)

Painting, Sketching, Drawing

These are self-directed groups who assist one another in mastering new techniques & skills. New participants are always welcome. Experience in sketching and/or painting is an advantage.

Eley Park Artists

Wednesdays 9.30am-12.30pm

Fee: \$5 per session

Term 1 - 31 Jan to 27 March (9wks)

Term 2 - 17 April to 26 June (11wks)

Term 3 - 17 July to 18 Sept (10wks)

Term 4 - 9 Oct to 18 Dec (11wks)

Art & Craft

Watercolour Painting

Artist, Antoinette Blyth, will guide you through the key elements from drawing/sketching techniques, use of brushes to colour mixing. A fantastic class to build your confidence, consolidate skills, engage with others and learn. All enquiries: Antoinette 0408 685 728

Wednesdays 1.00pm-3.00pm

Run in the Warrawong Annex - 32 Richmond St

Term 1 - 31 Jan to 27 March (9wks)

Term 2 - 17 April to 26 June (11wks)

Term 3 - 17 July to 18 Sept (10wks)

Term 4 - 9 Oct to 18 Dec (11wks)

Mosaics

Unleash your creativity in designing and crafting your very own mosaic art, suitable for both indoor and outdoor display. Our classes provide a comprehensive insight into the intricate mosaic-making process. You'll acquire the skills to expertly cut ceramic tiles, glass, and various materials, prepare surfaces, choose the right products, and master the art of grouting.

Fridays 10.00am-12.00pm

Fee includes all materials

Term 1 - 1 March to 22 March (4wks) \$130

Term 2 - 31 May to 28 June (5wks) \$162

Term 3 - 23 August to 20 Sept (5wks) \$162

Term 4 - 15 Nov to 13 Dec (5wks) \$162

Art & Craft

Visual Art Journaling

Unlock the therapeutic power of visual art journaling for self-care and mental well-being. Join our workshops that employ the healing art therapy approach to enhance and sustain your mental health. Explore topics like self-care, emotions, anxiety, and overcoming procrastination through creative expression. Embrace the journey to a healthier, more balanced you.

Fridays 1.00pm-3.00pm

Term 1 - 2 Feb to 23 Feb (4wks) \$130
Term 2 - 19 April to 17 May (5wks) \$162
Term 3 - 19 July to 16 August (5wks) \$162
Term 4 - 11 Oct to 8 Nov (5wks) \$162

Creative Art Blocks

These classes are suitable for individuals of all ages, providing an opportunity to unleash your creativity by crafting unique artworks on canvas or MDF blocks. Using simple, hands-on techniques like finger painting, you'll produce a stunning piece that reflects your personal expression. These artworks serve as cherished keepsakes. The theme and artwork details are revealed upon registration, and at the end of the class, you'll take home your wonderful creations.

Thursdays 5.30pm-7.00pm

Fee includes all materials

Term 1 - 1 March to 22 March (4wks) \$130
Term 2 - 31 May to 28 June (5wks) \$162
Term 3 - 23 August to 20 Sept (5wks) \$162
Term 4 - 15 Nov to 13 Dec (5wks) \$162

Exercise & Fitness

Active and Fit

A great way to get fit in a very friendly and non-competitive environment. Movement to music with low-impact aerobics, plus yoga stretching and Pilates tummy tightening.

Tuesdays 2.00pm-3.00pm

Term 1 - 30 Jan to 26 March (9wks) \$144

Term 2 - 16 April to 25 June (11wks) \$176

Term 3 - 16 July to 17 Sept (10wks) \$160

Term 4 - 8 Oct to 17 Dec (10wks) \$160

Strength Training 'Strong People Stay Young'

Strength training goes a long way in terms of supporting bone health, preventing injury, and facilitating healthy aging.

Mondays 3.00pm-4.00pm

Term 1 - 29 Jan to 25 March (8wks) \$135

Term 2 - 15 April to 24 June (10wks) \$170

Term 3 - 15 July to 11 Sept (10wks) \$170

Term 4 - 7 Oct to 16 Dec (10wks) \$170

Fridays 9.15am-10.15am & 10.30am-11.30am

Term 1 - 2 Feb to 22 March (8wks) \$135

Term 2 - 19 April to 28 June (11wks) \$187

Term 3 - 19 July to 20 Sept (10wks) \$170

Term 4 - 11 Oct to 20 Dec (11wks) \$187

Exercise & Fitness

Bollywood Dancing

Inspired by the dancing made famous in Indian cinema, this high energy class is fun and vibrant.

Mondays 7.30pm-8.30pm

29 January to 16 December

\$22 per class

\$100 for a 5 class pass or \$200 for a 10 class pass

Wednesday Walkers

Join the Heart Foundation Walking group for a fantastic opportunity to boost your fitness, socialise with friends, and foster a sense of community connection. Our group meets every Wednesday at 10am at Avenue Neighbourhood House, embarking on refreshing 45-minute walks. Bring your furry friends and little ones in prams; they are warmly welcomed. And in case of rough weather, we've got you covered with complimentary tea and coffee waiting inside.

Wednesdays 10.00am

Term 1 - 31 Jan to 27 March (9wks)

Term 2 - 17 April to 26 June (11 wks)

Term 3 - 17 July to 18 Sept (10wks)

Term 4 - 9 Oct to 18 Dec (11wks)

Exercise & Fitness

Line Dancing

Our experienced and popular tutor, Stephen, was recently inducted into the Line Dancing Hall of Fame! Dance to popular music whilst getting fit - suitable for beginners to intermediates. Classes are held in the Guide Hall behind our main building at 87 Eley Road.

Thursday 7.00pm-9.00pm

Fee \$17 per session

Term 1 - 1 Feb to 28 March (9wks)

Term 2 - 18 April to 27 June (10wks)

Term 3 - 18 July to 19 Sept (10wks)

Term 4 - 10 Oct to 19 Dec (11wks)

Beginners Class!

Fridays 2.00pm-3.00pm

Fee \$14 per session

Term 1 - 2 Feb to 22 March (8wks)

Term 2 - 19 April to 28 June (11wks)

Term 3 - 19 July to 20 Sept (10wks)

Term 4 - 11 Oct to 20 Dec (11wks)

*In the Hall, 87 Eley Rd

Pilates

Discover a fitness program dedicated to improving robust core postural muscles, providing essential support to your spine, enhancing posture, and fostering increased flexibility and strength development.

Wednesdays 6.15pm-7.15pm & 7.30pm-8.30pm

Term 1 - 31 Jan to 27 March (9wks) \$144

Term 2 - 17 April to 26 June (11wks) \$176

Term 3 - 17 July to 18 Sept (10wks) \$160

Term 4 - 9 Oct to 18 Dec (11wks) \$176

Health & Wellbeing

Yoga

Yoga, as an exercise, offers a holistic approach to sculpting and firming the body, boosting metabolism, and effectively relieving tension and stress. Suitable for all age groups, including beginners, our welcoming sessions encourage you to wear comfortable attire and bring a yoga mat.

Tuesdays 6.45pm-7.45pm

- Term 1 - 30 Jan to 26 March (9wks) \$153
- Term 2 - 16 April to 25 June (11wks) \$187
- Term 3 - 16 July to 17 Sept (10wks) \$170
- Term 4 - 8 Oct to 17 Dec (10wks) \$170

Thursdays 6.00pm-7.00pm

- Term 1 - 1 Feb to 28 March (9wks) \$153
- Term 2 - 18 April to 27 June (10wks) \$170
- Term 3 - 18 July to 19 Sept (10wks) \$170
- Term 4 - 10 Oct to 19 Dec (11wks) \$187

Friday 9.30am-10.30am & 10.45am-11.45am

- Term 1 - 2 Feb to 22 March (8wks) \$136
- Term 2 - 19 April to 28 June (11wks) \$187
- Term 3 - 19 July to 20 Sept (10wks) \$170
- Term 4 - 11 Oct to 20 Dec (11wks) \$187

Saturday 9.30am-10.30am

- Term 1 - 3 Feb to 23 March (8wks) \$136
- Term 2 - 20 April to 29 June (11wks) \$187
- Term 3 - 20 July to 21 Sept (10wks) \$170
- Term 4 - 12 Oct to 21 Dec (11wks) \$187

Health & Wellbeing

Inner Balance

Meditation and mindfulness made simple, easy and enjoyable. Learn practical meditative techniques for problem solving, relief of stress, discipline of the mind and heightened awareness.

Wednesdays - 7.30pm 45 minutes

3 weeks Fee: \$45

Creating Calm

Introducing our latest class dedicated to cultivating tranquillity. In this class, you'll learn to inspire calm in your life by unlocking the power of rapid and efficient relaxation techniques. Explore your inner serenity and embrace the art of simplicity.

Wednesdays - 7.30pm 45 minutes

3 weeks Fee: \$45

Personal Peace

When the outer world is in turmoil, learn to access the personal peace you carry within you. A new three-week course that complements our recent Creating Calm.

- Unlearn the bad habits of unhelpful thought processes
- Aiming for simplicity; conserving your energy for your own use.
- Quick and easy relaxation techniques

Wednesdays - 7.30pm 45 minutes

3 weeks Fee: \$45

Games & Social

Chat & Chew Bingo

New members are welcome to join this social group for morning tea and other activities such as bingo.

Tuesdays 9.30am-12.30pm

Fee \$5 per session

Term 1 - 30 Jan to 26 March (9wks)

Term 2 - 16 April to 25 June (11wks)

Term 3 - 16 July to 17 Sept (10wks)

Term 4 - 8 Oct to 17 Dec (10wks)

Hand & Foot

A fun card game. Purely social. Learn from those who love playing!

Fridays 12.30pm-3.00pm

Fee \$5 per session

Term 1 - 2 Feb to 22 March (8wks)

Term 2 - 19 April to 28 June (11wks)

Term 3 - 19 July to 20 Sept (10wks)

Term 4 - 11 Oct to 20 Dec (11wks)

Mahjong (Western Style)

An ancient Chinese game, which is a lot of fun - Beginners welcome.

Tuesdays 12.30pm-3.30pm

Fee \$5 per session

Term 1 - 30 Jan to 26 March (9wks)

Term 2 - 16 April to 25 June (11wks)

Term 3 - 16 July to 17 Sept (10wks)

Term 4 - 8 Oct to 17 Dec (10wks)

Music & Languages

Ukulele

Join our ukulele classes for an enjoyable and educational experience in learning to play this delightful instrument. Our classes are led by an experienced tutor who is passionate about helping you acquire the skills and knowledge you need. Come along, have fun, and embark on your ukulele journey with us.

Thursdays

Advanced 1.30pm-2.30pm

Intermediate 4.00pm-5.00pm

Mastering Basics 2.45pm-3.45pm

Term 1 - 1 Feb to 28 March (9wks) \$171

Term 2 - 18 April to 27 June (10wks) \$190

Term 3 - 18 July to 19 Sept (10wks) \$190

Term 4 - 10 Oct to 12 Dec (10wks) \$190

Italian (ongoing)

Ongoing classes using the textbook for those who have participated in Rosalba's classes in 2017-23.

Tuesdays 1.00pm-3.00pm

Term 1 - 30 Jan to 19 March (8wks) \$300

Term 2 - 16 April to 4 June (8wks) \$300

Term 3 - 16 July to 3 Sept (8wks) \$300

Term 4 - 8 Oct to 26 Nov (8wks) \$300

Italian Short Course for Travellers

Tuesdays 10.00am-12.00pm - one course each term

Technology

iPad for Learning

The course will expose & enhance learners understanding of alternative Information Technology. iPads significantly assist students with a disability, enhancing their ability to communicate, learn and access internet information. The course covers access to a range of applications and tools using an iPad to assist with everyday tasks and on-going learning. This course is designed to empower people with a disability to work towards goals and achievements to support independence.

Thursdays 10.15am-11.15am & 11.30am-12.30pm

Term 1 - 1 Feb to 28 March (9wks) \$162

Term 2 - 18 April to 27 June (10wks) \$180

Term 3 - 18 July to 19 Sept (10wks) \$180

Term 4 - 10 Oct to 19 Dec (11wks) \$198

Private Computer Lessons

Get your tech sorted | Sessions by appointment
Specialising in the over 50s | \$50 for a session

Technology

Designing with Canva

Enhance your digital skills as you delve into the fundamentals of design. Learn to craft custom templates or create original designs through a guided, step-by-step journey.

Fridays 10.30am-12.00pm 5 weekly sessions \$105

Working with Apps

Master the art of mobile app productivity with our course, which covers both exploring new apps for enhanced efficiency and optimising your existing apps for maximum performance.

Fridays 10.30am-12.00pm 5 weekly sessions \$105

Writing

Writers' Group - Children's Literature

This is a peer review group specifically for those who write for children and teens. The function of the group is to support each other and share industry knowledge. The group is made up of published and unpublished writers of fiction and non-fiction.

Group meets **fourth Monday of the month**, please phone 9808 2000 for dates. 7.30pm - 9.30pm \$5.00 per session

Small Business

SHORT COURSES FOR SMALL BUSINESS

Attend a business workshop or enrol in a course to improve your skills, networks and get advice on building / promoting your business.

Small Business Marketing

- Maximising your marketing
- Web design tips
- Branding

Online Shop Setup - Facebook & Instagram

Master online shop setup with our Facebook & Instagram class. Learn to optimise your presence, reach customers, and drive sales in just a few clicks. Boost your business online today!

Advertising on Facebook & Instagram

Elevate your digital presence with our Facebook & Instagram advertising class. Discover powerful strategies to target your audience, create engaging ads, and maximise your brand's impact online.

Small Business Financial Management

Unlock financial success for your small business with our Small Business Financial Management class. Create a customised, resilient financial system tailored to your specific needs.

Friday Workshops

Friday Workshops and Courses

We run one off / casual workshops and courses on a Friday, with participants enjoying lunch or a coffee in our Café before or after class.

Please express your interest in these workshops by emailing info@theavenue.org.au. Workshops will run as soon as we have a minimum class size.

Soap Making

Soy Candle Making

Digital Photography

Origami

Garden Lovers

Cooking

Poetry

Woodwork

Beginners Sewing

Jewellery Making

Card Making

Product Design

Unleash Your Passion, Share Your Hobby!

We believe that anyone can share their knowledge and skills. Do you have a specialist subject? A niche? A skill that you want to share? We are always looking for teachers to run classes and you could be one of them!

Our classes typically take place during the week. Most classes run for the length of the school terms, ie approx. 10 weeks per term and we have four terms. We aim to cover a variety of topics and interests, from Children's and Teen activities, Arts, Health and Wellbeing, Language & Literacy and Technology. Our workshops focus on topical subjects such as Kombucha, Preserving, Bee Keeping, Christmas Wreaths, Cooking Demonstrations and Sustainability.

If you have an idea for a class – we would love to hear from you.

Information About NDIS

If you currently receive services, or wish to enrol in our courses or programs and have an NDIS plan or are eligible for an NDIS plan, there are two options available to be able to access our services.

Option 1 - NDIS Self-Managed or Plan Managed

If you have a Self-Managed or Plan-Managed NDIS Plan, upon enrolment into courses or programs at Avenue Neighbourhood House please provide full details of the Plan Manager or the person responsible for managing your NDIS plan so fees can be invoiced directly to them.

Option 2 - NDIA Managed

Avenue Neighbourhood House is unable to invoice the NDIA directly for service fees. If your NDIS plan is managed by the NDIA, you can request the NDIA to make a portion of your NDIS plan Self-Managed or Plan-Managed to be able to access funding for services at Avenue Neighbourhood House.

Nationally Recognised Training

Full details regarding eligibility for government funding, enrolment process, fees, course structure & training assessment, refund policy, complaints and appeals policy please see our website www.theavenue.org.au or contact our Further Education Coordinator.

NDIS

For students eligible to receive Skills First Government subsidised training to complete Nationally Recognised Training qualifications or skill sets, the National Disability and Insurance Scheme (NDIS) will not fund any course fees or education materials associated with education and training.

Learn Local

Digital Essentials (Beginners)

This course focuses on computer skills that will help participants who are looking to undertake further study or employment. It is designed for learners who have very basic computer skills. Key areas covered in the course include managing files, creating a cloud account and saving work/files to the cloud, google docs, converting files, editing images, digital navigation, and search skills and creating presentations for work and further education.

Thursdays 3.00pm-5.30pm

Term 1 - 1 Feb to 21 March (8wks) \$120*

Term 2 - 18 April to 6 June (8wks) \$120*

Term 3 - 18 July to 5 Sept (8wks) \$120*

Term 4 - 10 Oct to 28 Nov (8wks) \$120*

*A limited number of Learn Local funded places are available.

Digital WorkReady (Intermediate)

An intermediate-level class for those wanting to finesse their computer skills - includes Microsoft Word, Excel, PowerPoint, emails, internet searches and file management.

Fridays 1.00pm-3.30pm

Term 1 - 2 Feb to 22 March (8wks) \$120*

Term 2 - 19 April to 7 June (8wks) \$120*

Term 3 - 19 July to 6 Sept (8wks) \$120*

Term 4 - 11 Oct to 29 Nov (8wks) \$120*

*A limited number of Learn Local funded places are available.

Learn Local

The Urban Patch

This course is for individuals with learning difficulties who love gardening and want to learn how to grow their own food successfully. The course will involve visits and practical hands-on experience in a local community produce garden. Learners will have the opportunity to participate in cooking sessions using food they have grown locally. Topics will include sustainability, food waste, food supply, environment skills and selling local produce. The course involves participating in practical hands-on activities both indoors and outdoors. No prior knowledge or experience is necessary.

Term 1 - Grow it Local

Term 2 - Sourcing and Production

Term 3 - From Patch to Plate

Term 4 - Sell to Earn

*Please refer to website for full program descriptions.

Tuesdays 10.00am-2.30pm

Term 1 - 30 Jan to 26 March (9wks) \$170*

Term 2 - 16 April to 25 June (11wks) \$190*

Term 3 - 16 July to 17 Sept (10wks) \$180*

Term 4 - 8 Oct to 17 Dec (10wks) \$180*

*A limited number of Learn Local funded places are available.

Learn Local

Creative Minds Art

This course allows individuals with a disability to create art using a variety of mediums. Learners will work alongside an experienced tutor with extensive art and education experience to explore and complete a range of projects, create a portfolio, display and promote their art to the community through an art exhibition and learn how they can sell their art.

Term 1 - Explore Creative and Technical Art Skills

Term 2 - Visual Art Portfolio

Term 3 - Display and Promote Art

Term 4 - Selling Artistic Creations

*Please refer to website for full program descriptions.

Mondays 9.30am-12.00pm

Term 1 - 29 Jan to 25 March (8wks) \$115* + \$44 supplies

Term 2 - 15 April to 24 June (10wks) \$140* + \$44 supplies

Term 3 - 15 July to 11 Sept (10wks) \$140* + \$44 supplies

Term 4 - 7 Oct to 16 Dec (10wks) \$140* + \$44 supplies

Wednesday 9.30am-12.00pm & 1.00pm-3.30pm

Term 1 - 31 Jan to 27 March (9wks) \$126* + \$44 supplies

Term 2 - 17 April to 26 June (11wks) \$154* + \$44 supplies

Term 3 - 17 July to 18 Sept (10wks) \$140* + \$44 supplies

Term 4 - 9 Oct to 11 Dec (10wks) \$140* + \$44 supplies

*A limited number of Learn Local funded places are available.

Learn Local

Cook2Learn

Cooking is an essential life skill and the Cook2Learn course will integrate literacy, language and numeracy in a practical and meaningful in the kitchen. For individuals with a disability or low literacy and numeracy skills, by the end of the program, individuals will not only develop practical skills in the kitchen, but will also be equipped with the numeracy skills necessary for a wide range of tasks.

Term 1 - Weights and Measures

Term 2 - Decision Making

Term 3 - Using Recipes

Term 4 - Skills to Work

*Please refer to website for full program descriptions.

Mondays 10.00am-12.00pm & 12.30pm-2.30pm

Term 1 - 29 Jan to 25 March (8wks) \$160* + \$44 supplies

Term 2 - 15 April to 24 June (10wks) \$178* + \$44 supplies

Term 3 - 15 July to 11 Sept (10wks) \$178* + \$44 supplies

Term 4 - 7 Oct to 16 Dec (10wks) \$178* + \$44 supplies

Wednesdays 10.30am-12.30pm

Term 1 - 31 Jan to 27 March (9wks) \$170* + \$44 supplies

Term 2 - 17 April to 26 June (11wks) \$192* + \$44 supplies

Term 3 - 17 July to 18 Sept (10wks) \$178* + \$44 supplies

Term 4 - 9 Oct to 18 Dec (11wks) \$192* + \$44 supplies

*A limited number of Learn Local funded places are available.

Learn Local

iLearn to Code

This course is for students with a disability who are computer literate and who wish to extend their computer skills to incorporate computer coding and programming. There are many benefits associated with on-going learning including building important life skills such as organisational skills, higher order thinking, self-esteem, socialisation and teamwork.

Thursdays 1.00pm-2.30pm

Term 1 - 1 Feb to 28 March (9wks) \$135

Term 2 - 18 April to 27 June (10wks) \$145

Term 3 - 18 July to 19 Sept (10wks) \$145

Term 4 - 10 Oct to 19 Dec (11wks) \$159

Preaccredited Education

ACE - Community Work

Every Tuesday 10.00am-2.30pm

ACE is an engaging and relevant program enhancing learning through creative and social interaction. The program is for young adult learners who have learning difficulties and wish to continue their learning. This program has been designed specifically for adults aged 17–35 years and focuses on building self-esteem and gaining confidence through a supportive and encouraging learning environment. The ACE program is broken into four components.

Term 1 - Work in Community Services

This component will provide learners with the opportunity to explore employability skills required to work in community organisations, including rights, responsibilities, community laws, community roles and community organisations locally and globally.

Term 2 - Employment Resources and Networking

Learners will explore job roles and employment opportunities in the community services sector with a focus on resources, time management, researching, networking and communication skills.

Term 3 - Media and Screen Skills

This component will provide an introduction into media and screen skills to assist learners promote themselves when looking for employment. Learners will use technology to create a LinkedIn profile and how to present for a video job interview.

Term 4 - Starting an Enterprise

Learners will actively participate in a local community project to obtain hands-on, practical skills working in a community organisation environment.

Preaccredited Education

SMART Program

Thursday nights 6.15pm-8.45pm

The Thursday Night class provides a range of hands-on learning experiences and skills in four key vocational areas of Hospitality, Money, Sport and Design. These four key vocational areas will apply to everyday living and provide opportunities and pathways for exploration through further study or supported employment.

Term 1 - Hospitality SMART

This component will provide introductory skills to work or volunteer in a supported hospitality environment. It will provide learners with an understanding of food safety, food preparation, basic cooking skills and providing customer service.

Term 2 - Money SMART

This component introduces basic financial literacy in a supported environment. Learners will become familiar with conducting basic money transactions, following directions, preparing and following a budget, negotiating banking processes and setting financial goals.

Term 3 - Sport SMART

This component offers basic familiarisation about health and fitness. It will provide students with an insight into the physical and social benefits of sport, sports injuries and body repair /rehabilitation.

Term 4 - Design SMART

This component introduces students to urban design, including different housing types, infrastructure needs and environmental considerations for new buildings.

Accredited Education

LifeSkills Program



- 22554VIC Course in Initial Adult Literacy and Numeracy
- 22555VIC Certificate I in Initial Adult Literacy and Numeracy
- 22567VIC Certificate I in Transition Education
- 22476VIC Certificate I in General Education for Adults (Intro)

These certificates are for a range of learners with special learning needs, a permanent cognitive impairment and / or mild intellectual disability. The curriculum for each certificate has been designed to provide skill development in reading, writing, numeracy and digital literacy. In addition, the courses strive to meet personal needs and facilitate community participation, further education and training options.

Each certificate enables learners to explore:

- basic literacy and numeracy
- use of everyday technology
- personal development
- community involvement
- volunteering opportunities
- vocational and employability skills

The courses are led by highly qualified, experienced and passionate trainers who provide a supportive environment for learning. Upon completion, students gain the confidence and skills they need to pursue employment, volunteer work or further study.

This training is delivered through State and Commonwealth Government Funding.

Monday, Wednesday, Thursday (1,2 or 3 day options) 10am - 2.30pm

Accredited Education

ReNew

Education re-engagement program for young people



22471VIC Course in Initial General Education for Adults

ReNew's primary focus is to educationally re-engage adolescents who are disconnected from mainstream schools. Students participating in ReNew often have multiple issues associated with drug/alcohol use, mental health, family detachment and/or homelessness.

The program has been specifically developed for adolescents who are not ready to commence full time studies. The education program delivery has been specifically developed and has the capacity to be tailored to meet identified education gaps. The course provides learners who have low literacy and numeracy skills with the opportunity to build confidence, re-engage with learning and pathways onto further education.

**Students attend classes Monday, Tuesday & Wednesday mornings
Full Academic Year**

Accredited Education

ReFresh

Education re-engagement program for young people



22472VIC Certificate I in General Education for Adults

ReFresh is for adolescents between the age of 15 and 17 years old who are not attending school on a regular basis or have completely disengaged from education. ReFresh provides an educational alternative to mainstream secondary school. The program focuses on enhancing numeracy, literacy, and digital communication skills and provides a fundamental foundation for learning, by building a platform for students to engage and achieve. The interactive learning model together with the small class size greatly assists in building confidence and motivation.

ReFresh gives students strategies to shift attitudes and behaviours that may be barriers to success in the classroom, empowering students to make the most of education. One of the key success factors of the program is the wrap around support provided by the teaching and youth worker team.

The Program provides students with a wide range of on-going educational options and through successful completion, students are eligible for entry into VCE Vocational Major, TAFE and/or return to mainstream school.

Students attend classes Monday to Thursday
Full academic year

Accredited Education

Café - Introduction to Hospitality



- VU22896 Recognise pictures and symbols
- VU 22892 Recognise and use letters of the alphabet
- VU22904 Recognise and use time
- VU22905 Recognise coins and notes

These units are part of:

22554VIC Course in Initial Adult Literacy and Numeracy

The Cafe Introduction to Hospitality training program provides students with an acquired brain injury (ABI) to develop food planning, preparation and customer service skills in an operational training cafe environment. Students develop the required skills in cooking, safe food handling and customer service to make them job ready.

This course is intended to support the development of simple literacy and numeracy skills for students with intellectual disabilities that are contextualised for the hospitality environment. The course supports learners with significant cognitive disabilities or impairments to develop skills in reading, writing and numeracy as they apply to working in a café environment. These skills facilitate the learner's ability and confidence to obtain work or volunteer in an entry level hospitality role. Students will receive a Statement of Attainment upon successful completion of the program.

Fridays 10.00am-2.30pm

This training is delivered through State and Commonwealth Government Funding.

Childcare & Early Learning

Monday 9.00am - 3.00pm

(3 + 4 year old group)

Tuesday to Friday

8.00am - 4.00pm



Operates during the school term.

Open select days during school holidays.

We provide occasional childcare for children aged 6 weeks to school age in a caring and safe environment.

We also provide a transport service to and from Kindergartens in the local area. A qualified staff member accompanies children in our community bus and escorts them safely in and out of kinder. Small fee of \$3 applies for each trip.

Our highly qualified educators are experts in creating programs that support and guide children in all areas of their learning and development, in ways that take into account each child's interests, strengths, experiences, culture and needs.

APPROVED Commonwealth Childcare Subsidy (CCS) provider.

**For further information on enrolling
please refer to our website
www.theavenue.org.au**

Eley on the Park Cafe **On EVERY Friday @ 10.00am - 1.00pm**

We'd love to see you there!

Community Choir **Every Tuesday evening at 6.30pm**

Find Your Voice

Connect with your Community With One Voice Whitehorse
Join our Community Choir lead by an experienced Choir Conductor.
NO auditions required.

Every Tuesday night 6.30pm - 7.30pm - followed by Supper

Sleeping Star Productions

Avenue Neighbourhood House is the home of Sleeping Star Productions. This renowned & innovative amateur theatre group is for children aged 7 to 14 years. See page 37.

Singalong **Once a term Thursdays @ 10.00am**

Our Singalongs are very popular, with a great group of people who enjoy singing and dancing along with the music. Words provided.

Other special events

We love a special event here at the Avenue, please see list of occasions throughout the year;

Biggest Morning Tea
Christmas in July
Footy Day with special Footy Day lunch
Seniors Week
Art Competition
Birthdays & Christmas Parties

Other Groups @ the Avenue

Let's TAP!

Classes are held in the Guide Hall behind our main building.

Wednesdays 7pm. To book call Lisa on 0431 887 697 or visit www.LetsTAP.com.au

Tai Chi Classes

Classes are held in the Scout Hall behind our main building.

Fridays 10am-11am (advanced). Enquiries Josephine 0422 769 155
Fee: \$20 per class (1 hour) Half hr option - Fee: \$12 per class

TOWN Club

Mondays 9.30am-11.30am. For more details contact Rene Gale on 0409 010 068

Table Tennis

Tuesdays & Wednesdays 7.15pm-10.00pm in the Hall

Idlers 4WD Club

Second Wednesday of each month 10.30am. Visitors are welcome



Whitehorse Community Houses

There are ten Neighbourhood Houses / Community Centres in Whitehorse;

- Avenue Neighbourhood House @ Eley
- Bennettswood Neighbourhood House
- Box Hill South Neighbourhood House
- Burwood Neighbourhood House
- Clota Cottage
- Kerrimuir Neighbourhood House
- Koonung Cottage
- Louise Multicultural Community Centre
- Mitcham Community House
- Vermont South Learning Centre



The Whitehorse Houses work collaboratively to bring people together to connect, learn and contribute in their local community through social, educational and recreational activities.

Avenue Neighbourhood House @ Eley's greatest asset is it's people - the people who come to classes, the people who volunteer and the people that work here.



Transport Options

TRAIN to Box Hill or Nunawading Station, then catch Bus 735 to East Burwood

TRAM 75 from Melbourne via Burwood Highway, alight at Royton Street (Stop 68)

Our **COMMUNITY BUS** runs regularly between Blackburn Railway Station, local Preschools and our Centre
**booking is essential (small \$3 fee)

Interested in Volunteering?

We have positions available in administration, classroom support, Committee of Management and bus driving, gardening and cooking program. Enquires info@theavenue.org.au

Follow us on Socials



Facebook | Nextdoor



Join our Mailing List

Do you want to keep up to date on our latest news and information. To subscribe to our mailing list for our regular newsletter, please send your email address to info@theavenue.org.au

Weekly Planner

Monday

Strength Training | Bollywood Dancing | Writer Group - Children's Literature | Creative Minds Art | Cook2Learn | LifeSkills ReNew | ReFresh

Tuesday

Crochet & Knitting | Active & Fit | Yoga | Chat & Chew Bingo | Mahjong | Italian | The Urban Patch | ACE Program | ReNew | ReFresh Community Choir

Wednesday

Eley Park Artists | Watercolour Painting | Wednesday Walkers | Pilates Inner Balance | Creating Calm | Personal Peace | Creative Minds Art | Let's TAP | Cook2Learn | LifeSkills | ReNew | ReFresh

Thursday

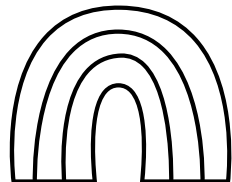
Creative Art Blocks | Line Dancing | Yoga | Ukulele | iPad for Learning | Digital Essentials | iLearn to Code | SMART Program LifeSkills | ReFresh

Friday

Mosaics | Visual Art Journaling | Strength Training | Yoga Hand & Foot | Designing with Canva | Working with Apps Digital WorkReady | Tai Chi | Café - Introduction to Hospitality

Saturday

Yoga





At Sleeping Star Productions we believe every child is a Sleeping Star waiting to be woken. We aim to be an outstanding children's amateur theatre group encouraging children to follow their passion for theatre and performance. We encourage all our children to follow their passions whether that be as part of our cast or even our crew. Sleeping Star Productions is a non-for-profit organisation - we run solely on the work of our volunteers as well as our parents who all play a huge part in helping us operate. However there is always a cost for putting on a production. Our fees are kept as low as possible. All children between the ages of 9-14 years interested in participating in Sleeping Star for 2024 should attend our Information Night to book an audition. At Sleeping Star we are all-inclusive so we hold auditions not to find any exceptional talent but to give the children a total theatre experience right from the start.



Peter Pan

Performance Dates
Friday 14 July 2024
Saturday 15 July 2024

Information Night
Thursday 9 February 2024 at 7.30pm

Tina 0417 541 050
Sleepingstarproductions2001@gmail.com

Rehearsal Venue
Avenue Neighbourhood House Eley Park
87 Eley Road, Blackburn South

Our Annual Art Competition



This Years' Theme

'This is my Happy Place'

Tuesday 9th July - Sunday 28 July

Exhibition Open and Voting

Sunday 28 July

Closing Ceremony & Announcement of Winner/s

\$10 entry fee - includes canvas

***artwork must be done on supplied canvas**

(Portrait or landscape style allowed)

Collect anytime from Reception

All finalists to be exhibited at

Box Hill Community Arts Centre

Exhibition open to view 9 July 2024

1st, 2nd & 3rd Prizes to be won!

Contact

Avenue Neighbourhood House

Phone 03 9808 2000

Email info@theavenue.org.au

87 Eley Rd, Blackburn South

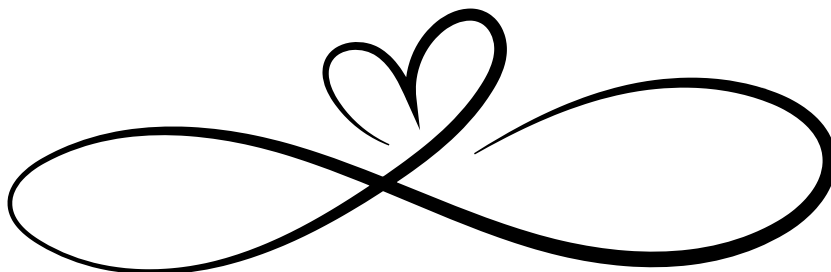
Avenue Neighbourhood House

87 Eley Road, Blackburn South

03 9808 2000

info@theavenue.org.au

www.theavenue.org.au



Office Hours

School Terms

Monday to Friday 9am - 4pm

PO Box 2213, Blackburn South 3130

During school holidays the office is open Thursday and Friday before school returns. Please call beforehand to avoid disappointment.